

# NOVEMBER 2023

## MCISD 9 - 14 Menu

\*These items may contain peanuts/nuts

Lunch – Free  
 Breakfast - Free  
 Adult lunch - \$4.65 + tax  
 Milk is included with your lunch and Breakfast  
 Extra Milk - .50

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6**

Hamburger  
 French fries  
 Pears  
 Fudge cream cookie  
 Choice of milk

**7**

Pizza Stromboli  
 Broccoli  
 Mandarin oranges  
 Baked chips  
 Choice of milk

**1**

Goulash  
 Dinner roll  
 Broccoli  
 Pineapple  
 Ice cream  
 Choice of milk

**2**

2 Beef tacos  
 Cheese nachos  
 Corn  
 Applesauce  
 Choice of milk

**3**

Mostaccioli  
 Garlic breadstick  
 Cooked carrots  
 Banana  
 Chocolate cookie  
 Choice of milk

**13**

Chicken sandwich  
 French fries  
 Applesauce  
 Brownie cookie  
 Choice of milk

**14**

“Big Daddy” cheese pizza  
 Broccoli  
 Pineapple  
 Baked chips  
 Rice Krispie  
 Choice of milk

**8**

Meatloaf patty  
 Au Gratin potatoes  
 Dinner roll  
 Corn  
 Pears  
 Frozen yogurt  
 Choice of milk

**9**

Walking taco  
 Refried beans & Spanish rice  
 Banana  
 Chocolate chip cookie  
 Choice of milk

**10**

Corn dog nuggets  
 Cheetos  
 Cooked carrots  
 Applesauce  
 Choice of milk

**15**

Chicken nuggets  
 French fries  
 Mandarin oranges  
 Choice of milk

**16**

**Thanksgiving Dinner**  
 Salisbury steak  
 Mashed potatoes w/gravy  
 Dinner roll  
 Applesauce  
 Pumpkin cookie  
 Choice of milk

**17**

Chicken alfredo  
 Soft pretzel w/dipping sauce  
 Cooked carrots  
 Peaches  
 Choice of milk

**20**

Meatball sub  
 Potato smiles  
 Pears  
 Ice cream  
 Choice of milk

**21**

Stuffed crust pepperoni pizza  
 Vegetable Medley  
 Banana  
 Baked chips  
 Chocolate Tiger grahams  
 Choice of milk

**22**

**No School**

**23**

**Happy Thanksgiving!**

**24**

**No School**

**27**

Chicken strips  
 Yummy noodles  
 Peas  
 Applesauce  
 Fudge cream cookie  
 Choice of milk

**28**

“Big Daddy” cheese pizza  
 Green beans  
 Banana  
 Baked chips  
 Rice Krispie Treat  
 Choice of milk

**29**

Chicken & noodles  
 Bosco stick  
 Broccoli  
 Peaches  
 Frozen yogurt  
 Choice of milk

**30**

Walking taco  
 Refried beans & Spanish rice  
 Pears  
 Sugar cookie  
 Choice of milk

