

NOVEMBER 2023

Transition Center & Adult Menu

*These items may contain peanuts/nuts

Lunch – Free
 Breakfast - Free
 Adult lunch - \$4.65 + tax
 Milk is included with your lunch and Breakfast
 Extra Milk - .50

Monday

Tuesday

Wednesday

Thursday

Friday

1

Swiss Cobb salad
 Breadstick

Choice of fruits
 Choice of veggies
 Choice of milk

2

Bagel club sandwich
 Baked chips

Choice of fruits
 Choice of veggies
 Choice of milk

3

Italian sub
 Cookie

Choice of fruits
 Choice of veggies
 Choice of milk

4

Deluxe Sub sandwich
 Baked chips

Choice of fruits
 Choice of veggies
 Choice of milk

5

Taco turkey wrap
 Yogurt
 Chocolate Grahams

Choice of fruits
 Choice of veggies
 Choice of milk

6

Chicken Caesar salad w/cROUTONS
 Chocolate Muffin
 Fruit snacks

Choice of fruits
 Choice of veggies
 Choice of milk

7

Chicken salad on a bun
 Confetti Cake cookie

Choice of fruits
 Choice of veggies
 Choice of milk

8

Taco salad
 Doritos

Choice of fruits
 Choice of veggies
 Choice of milk

9

Ham & cheese sub
 Nutty Buddy Bar

Choice of fruits
 Choice of veggies
 Choice of milk

10

Turkey & cheese wrap
 Baked chips

Choice of fruits
 Choice of veggies
 Choice of milk

11

Chef salad w/cROUTONS
 Blueberry muffin
 Fruit snacks

Choice of fruits
 Choice of veggies
 Choice of milk

12

Egg salad on a bun
 Fudge filled cookie

Choice of fruits
 Choice of veggies
 Choice of milk

13

Deluxe sub
 Cookie

Choice of fruits
 Choice of veggies
 Choice of milk

14

Chicken salad on a bun
 Baked chips
 Fruit snacks

Choice of fruits
 Choice of veggies
 Choice of milk

15

Turkey & cheese sub
 Chocolate Grahams

Choice of fruits
 Choice of veggies
 Choice of milk

16

No School

17

Happy Thanksgiving!

18

No School

19

PB&J
 String cheese
 Cheetos

Choice of fruits
 Choice of veggies
 Choice of milk

20

Egg salad on a bun
 Confetti Cake cookie

Choice of fruits
 Choice of veggies
 Choice of milk

21

Chicken Caesar salad w/cROUTONS
 Chocolate muffin
 Fruit snacks

Choice of fruits
 Choice of veggies
 Choice of milk

22

Deluxe sub
 Baked chips

Choice of fruits
 Choice of veggies
 Choice of milk

23

Chicken Caesar salad w/cROUTONS
 Chocolate muffin
 Fruit snacks

Choice of fruits
 Choice of veggies
 Choice of milk

24

Deluxe sub
 Baked chips

Choice of fruits
 Choice of veggies
 Choice of milk

