

## OCTOBER 2023

MCISD K - 8 Menu

\*These items may contain peanuts/nuts

Lunch – Free
Breakfast - Free
Adult lunch - \$4.65 + tax
Milk is included with your lunch and Breakfast
Extra Milk - 50

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken sandwich French fries Pears Choice of milk	"Big Daddy" cheese pizza Broccoli Pineapple Rice Krispie treat Choice of milk	Ravioli w/marinara sauce Garlic breadstick Peas Mandarin oranges Choice of milk	Chicken potato bowl Corn Fresh apple Choice of milk	Chicken alfredo Cooked carrots Peaches Brownie cookie Choice of milk
Meatball sub Potato smiles Pears Choice of milk	Stuffed crust pepperoni pizza Vegetable medley Banana Chocolate Tiger Grahams Choice of milk	Scalloped potatoes w/ham Breadstick Green beans Peaches Frozen yogurt Choice of milk	Mexican pizza Broccoli Orange slices Mexican Churro Choice of milk	Sloppy Joes Baked beans Mandarin oranges Choice of milk
Chicken strips Yummy noodles Peas Applesauce Choice of milk	"Big Daddy" cheese pizza Green beans Banana Rice Krispie Treat Choice of milk	Chicken & noodles Bosco stick Broccoli Peaches Frozen yogurt Choice of milk	Walking taco Refried beans Pears Sugar cookie Choice of milk	Hamburger French fries Mandarin oranges Choice of milk
Popcom chicken &  Macaroni & cheese  Corn  Pineapple  Choice of milk	Sweet n' Sour Chicken Cooked carrots Mandarin oranges Jell-O Choice of milk	Salisbury steak Mashed potatoes & gravy Dinner roll Applesauce Chocolate chip cookie Choice of milk	French toast sticks Sausage link Hash brown potato Pears Choice of milk	Cheese quesadilla Green beans Peaches Rice Krispie treat Choice of milk
Chicken nuggets Potato coins Peaches Choice of milk	Personal pan pizza Green beans Banana Pudding Choice of milk			

Food Service Director – Pam Oberski 734-269-9003 ext. 3510 oberski@idaschools.org ISD Ed Center Kitchen – 734-342-8420