



OCTOBER 2023

Transition Center & Adult Menu

*These items may contain peanuts/nuts

Lunch – Free
 Breakfast - Free
 Adult lunch - \$4.65 + tax
 Milk is included with your lunch and Breakfast
 Extra Milk - .50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Ham & cheese sub Nuttty Buddy Bar</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>3</p> <p>Turkey & cheese wrap Baked chips</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>4</p> <p>Chef salad w/cROUTONS Blueberry muffin Fruit snacks</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>5</p> <p>Egg salad on a bun Fudge filled cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>6</p> <p>Deluxe sub Cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>
<p>9</p> <p>Chicken salad on a bun Baked chips Fruit snacks</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>10</p> <p>Turkey & cheese sub Chocolate Grahams</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>11</p> <p>Swiss Cobb salad Breadstick</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>12</p> <p>Deli wrap Baked chips</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>13</p> <p>Hearty Italian salad w/cROUTONS Blueberry muffin Fruit snacks</p> <p>Choice of fruits Choice of veggies Choice of milk</p>
<p>16</p> <p>Italian sub Nuttty Buddy bar</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>17</p> <p>Egg salad on a bun Confetti Cake cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>18</p> <p>Chicken Caesar salad w/cROUTONS Chocolate muffin Fruit snacks</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>19</p> <p>Deluxe sub Baked chips</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>20</p> <p>Taco salad Cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>
<p>23</p> <p>Bagel Club sandwich Baked Chips</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>24</p> <p>Chicken salad on a bun Fudge filled cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>25</p> <p>Chef salad w/cROUTONS Breadstick Nuttty Buddy bar</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>26</p> <p>Turkey & cheese sub Baked chips</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>27</p> <p>Hearty Italian salad w/cROUTONS Blueberry Muffin Fruit snacks</p> <p>Choice of fruits Choice of veggies Choice of milk</p>
<p>30</p> <p>Deli Wrap Fudge cream cookie</p> <p>Choice of fruits Choice of veggies Choice of milk</p>	<p>31</p> <p>Egg salad on a bun Yogurt Nuttty Buddy bar</p> <p>Choice of fruits Choice of veggies Choice of milk</p>			

