

MONROE COUNTY

Family Resource & Connection Guide



For questions or concerns about
your child's health or development,
please call or email:

734-342-8641

earlychildhood@monroeisd.us



Monroe County



A Directory of Early Childhood and Family Resources

Emergency Contact #s
In case of an emergency, dial



Domestic Violence
24-Hour Crisis Line

**734
242-7233**

Suicide Prevention
24-Hour Line

800-273-8255
or Text: **741741**

Poison Control Center

800-222-1222

Mental Health
24-Hour Crisis Line

734-243-7340 OR
800-886-7340



Confidentially report criminal
activities or harm to kids & schools

Text: **652729 (OK2Say)**

Email: **OK2Say@mi.gov**

Phone: **8-555-OK2Say**
(8-555-565-2729)

To be connected to resources and
supports 24-hours a day, for any
reason, call 2-1-1 for help.



Children's Protective Services

1-855-444-3911

Pediatrician: _____

Childcare: _____

School: _____

We're here to help you!

All caregivers need the support of strong community networks to help them help their children. Across Michigan, caregivers may, at times, lack easy access to information and resources that will help them be their child's first and most important teacher.

The Great Start Collaborative is a network of services and supports ranging from caregiver education, to resources and connections, to basic needs, in order to assist those caregivers in raising healthy, independent children.

Great Start Parent Coalition Member Information

The Great Start Parent Coalition is made up of caregivers of children under the age of 12 who advocate for our youngest citizens, and the programs that support them and their families. We hope you will join us on this grass roots effort to educate both individuals and groups about the importance of the first five years of a child's life.

If you are interested, call the Great Start Director at 734-342-8515, or visit us on Facebook at "GreatStart Monroe-Parents"

Index

Adoption/Foster Care Support	5	Employment.....	8
Childcare.....	5	Food/Nutrition.....	8
Clothing/Diapers	5	Health Care/Immunizations	9
• Children Clothing		& Non-Emergency Services	
• Adult Clothing		Household Furniture	9
Dental Health	5	& Home Furnishings	
Breastfeeding Support.....	6	Housing.....	9
Drug Addiction Resources	7	Literacy/Reading.....	10
(See Substance Abuse)		Mental Health	11
Education Assistance	7	Parent/Caregiver Support	11
Education.....	7	Personal/Hygiene	
Public Schools (K-12)		and Household Items	11
• Airport Community Schools		Pregnancy.....	12
• Bedford Public Schools		Preschool	12
• Dundee Community Schools		Shelters (See Housing)	13
• Ida Public Schools		Social Security Administration	13
• Jefferson Schools		Substance Abuse	
• Mason Consolidated Schools		Support/Counseling	13
• Monroe County Intermediate School District		Transportation.....	13
• Monroe Public Schools		Tutoring.....	13
• Summerfield Schools		Utility Assistance	13
• Whiteford Agricultural School		Vision Services	13
Non-Public Schools		Volunteer Opportunities	13
• Holy Ghost Lutheran Church & School		Safe Sleep for Babies	14
• Meadow Montessori School			
• Monroe Catholic Elementary Schools			
• St. Charles Borromeo Catholic Academy			
• St. Mary Catholic Central High School			
• St. Patrick School			
• State Line Christian School			
• Trinity Lutheran School			
• Zion Lutheran School			
Charter Schools			
• New Bedford Academy			
• Triumph Academy			

Adoption/Foster Care Support

Ennis

734-349-6546

15600-A S. Telegraph, Monroe, MI 48161

www.enniscenter.org

Family & Community Services

734-344-6066

754 S Monroe St., Monroe, MI 48161

Foster Care Clothing Closet

800-554-4966

Monroe@fosterclosetofmichigan.org

Foster Home Licensing

734-625-7286 or 855-MICKIDS

Hands Across the Water

734-639-2234

781 Avis Dr., Suite 200

Ann Arbor, MI 48108

www.HATW.org

Adoption, Foster Care resources and support

Judson Center

734-545-3831

Foster Care Support

Clothing/Diapers

Children Clothing

Damascus House

734-242-8136

Smith St., Monroe MI 48161

Foster Care Closet

800-554-4966 ext 204

www.fosterclosetofmichigan.org

Goodwill Industries

734-457-3447 255

N. Telegraph Road, Monroe, MI 48162

www.goodwillsemi.org

Heartbeat of Monroe

734-243-6550

123 W. First St. (Gateway Office Building)

Monroe, MI 48161

www.heartbeatofmonroe.org

Hope's Closet (Clothing)

734-308-2116

6370 Jay Dr., Monroe, MI 48161

New Beginnings Mercy House

734-240-2239, ext. 3877

Jackman Rd., Ida, MI 48140

www.newbeginningsmh.org

Oaks of Righteousness

734-241-5590 1018

East Second Street, Monroe, MI 48161

Adult Clothing

Damascus House

734-242-8136 ext. 212

Smith St., Monroe, MI 48161

Goodwill Industries

734-457-3447

255 N. Telegraph Road

Monroe, MI 48162

www.goodwillsemi.org

Oaks of Righteousness

734-241-5590

1018 East Second Street

Monroe, MI 48161

Thrift Shop Association

734-242-1082

119 S, Monroe St.

Monroe, MI 48161

Childcare

**To search for high-quality childcare, visit
www.greatstarttoquality.org**

Child Care Network

734-243-7451

9 Washington St, Monroe, MI 48161

www.childcarenetwork.org

*For assistance locating childcare
or a preschool in your area.*

Scholarships available

Department of Health & Human Services

734-243-7200

903 S. Telegraph, Ste. A

Monroe, MI 48161

Childcare funding assistance available

Dental Health

Monroe County Health Department Dental Clinic

734-241-4855 2353

S. Custer Rd.,
Monroe, MI 48161

Family Medical Center Temperance Dental

734-850-6920

8765 Lewis Ave.

Temperance, MI 48182

www.familymedicalmi.org

Family Medical Center Carleton Dental

734 654-2169, option 1

130 Medical Center Dr.
Carleton, MI 48117

Family Medical Center The Opportunity Center at ALCC

734-241-2775

1140 S Telegraph Rd #4006
Monroe, MI 48161



BREASTFEEDING SUPPORTS

IN MONROE COUNTY



WIC PROGRAM AT THE MONROE COUNTY HEALTH DEPT.

The Breastfeeding Peer Program offers information, encouragement and support to breastfeeding families. They are available to listen to your concerns about breastfeeding and are trained to help you or connect you to other breastfeeding resources.

Contact wic@monroemi.org

Breastfeeding Warmline/Breastfeeding Peer Office Phone:
(734) 240-7901

****ALL ARE WELCOME/WIC eligibility not needed to participate**



MINI MITTEN PEDIATRIC THERAPY LACTATION SUPPORT

Our CLC can assist the baby and mother duo with an effective and efficient latch, successful and comfortable positioning, education on nursing and/or pumping duration and frequency, and overall guidelines for a positive and successful feeding experience.

Call (734) 888-MINI

Email info@minimittenttherapy.com

PROMEDICA MONROE REGIONAL HOSPITAL CHILDBIRTH EDUCATION

- A Class on What to Expect During the Birth of Your Child at our Family Birthing Center. Please call our Family Birthing Center to Register (734) 240-8500. All classes are held from 6-8pm on the first Monday of the month and are FREE.
- ProMedica also provides a FREE Breastfeeding class the 2nd Monday of the month following Childbirth Education. Call 240-4466 for questions.
- In addition to the above, ProMedica offers inpatient and outpatient lactation support for breastfeeding moms in the community for FREE. Mothers can call 734-240-4466 with breastfeeding questions or to schedule an appointment if outpatient services are needed

YOU CAN ALSO VISIT PROMEDICA TOLEDO HOSPITAL

Drop in and receive support from a certified Lactation Consultant and other nursing mothers.
2nd Tuesday of the month 1:30pm-2:30pm



PROMEDICA TOLEDO HOSPITAL,
ENTRANCE C,
MOM & ME BOUTIQUE

SUPPORT FOR NURSING MOTHERS (419) 291-5666

Drug/Addiction Resources

(See Substance Abuse)

Education Assistance

The Learning Bank

734-265-4200

1102 East First Street

Monroe, Michigan 48161

High school completion and GED assistance, and English as a second language.

Monroe County

Community College

734-242-7300

1555 S. Raisinville Rd.

Monroe, MI 48161

Free tuition for adults 25 years of age and older without a degree.

Youth Opportunity Program (YOP)

734-342-8523

YOP offers Monroe County youth an

opportunity to complete a diploma,

GED or to get and keep a job. www.monroeisd.us/services/youthopportunity/

Facebook: "Youth Opportunity Program"

Education

Public Schools (K-12)

Airport Community Schools

734-654-2414

11270 Grafton Rd.

Carleton, MI 48117

www.airportschools.com

Bedford Public Schools

734-850-6000

1623 W. Sterns Rd.

Temperance, MI 48182

www.bedford.k12.mi.us

Dundee Community Schools

734-529-2350

420 Ypsilanti St.

Dundee, MI 48131

www.dundeecommunityschools.org

Ida Public Schools

734-269-9003

3145 Prairie Rd.

Ida, MI 48140

www.idaschools.org

Monroe County Family Resource & Connection Guide

Jefferson Schools

734-289-5550

2400 N. Dixie Hwy.

Monroe, MI 48161

www.jeffersonschools.org

Mason Consolidated Schools

734-848-9401

2404 Lakeside Rd.

Erie, MI 48133

www.eriamason.k12.mi.us

Monroe County Intermediate School District

734-242-5799

1101 S. Raisinville Rd.

Monroe, MI 48161

www.monroeisd.us

Monroe Public Schools

734-265-3000

1275 N. Macomb

Monroe, MI 48162

www.monroe.k12.mi.us

Summerfield Schools

734-279-1035

17555 Ida West Rd.

Petersburg, MI 49270

www.summerfield.k12.mi.us

Whiteford Agricultural School

734-856-1443

6655 Consear Rd.

Ottawa Lake, MI 48464

www.whiteford.k12.mi.us

Non-Public Schools

Holy Ghost Lutheran Church & School

734-242-0509

3563 Heiss Rd

Monroe, MI 48162

holyghostmonroe@gmail.com

www.holyghostmonroe.org/home

Meadow Montessori School

734-241-9496

1670 S. Raisinville Rd.

Monroe, MI 48161

www.meadowmontessori.org

Monroe Catholic Elementary Schools

734-241-3923

151 N. Monroe St.

Monroe, MI 48162

www.MCESmonroe.com

St. Charles Borromeo Catholic Academy

734-586-2531

8033 N. Dixie Hwy

Newport, MI 48166

www.stcharlesnewport.org

St. Joseph School

734-848-6985

2238 Manhattan Street

Erie, MI 48133

stjosepherieschool.weebly.com/

St. Mary Catholic Central High School

734-241-7622

108 W. Elm Ave.

Monroe, MI 48162

info@smccmonroe.com

www.smccmonroe.com

St. Patrick School

734-654-2522

2970 W. Labo Rd.

Carleton, Michigan 48117

www.stpatscarleton.com

State Line Christian School

734-847-6771

6320 Lewis Ave.

Temperance, MI 48182

www.statelinechristian.org

Trinity Lutheran School

734-242-2308

323 Scott Street

Monroe, Michigan 48161

info@trinitylutheranmonroe.org

www.tlcmmonroe.org

Zion Lutheran School

734-242-1378

186 Cole Rd.

Monroe, Michigan 48162

office@zionmonroe.org

Charter Schools

New Bedford Academy

734-854-5437

6315 Secor Rd.

Lambertville, MI 48144

www.newbedfordacademy.com

Triumph Academy

734-240-2610

3000 Vivian Road

Monroe, MI 48162

[https://www.nhaschools.com/schools/](https://www.nhaschools.com/schools/triumph-academy/en)

[triumph-academy/en](https://www.nhaschools.com/schools/triumph-academy/en)



Employment

Michigan Works!
Monroe County Employment & Training
240-7950 or 888-354-5500
 1531 N. Telegraph
 Monroe, MI 48162
www.co.monroe.mi.us/employmenttraining

Youth Opportunity Program (YOP)

734-342-8523

The Youth Opportunity Program (YOP) offers Monroe County youth an opportunity to complete a diploma, GED or to get and keep a job. www.monroecounty.org/services/youthopportunity Facebook: "Youth Opportunity Program"

Food/Nutrition

Caring and Sharing

734-529-3535

Dundee United Methodist Church
 645 Franklin St., Dundee, MI 48131
4:00, 1st Wednesday of the month

London Township Hall

734-439-1984 Ext. 6#

13613 Tuttle Hill Rd, Milan, MI 48160
4:00, 1st Thursday of the month

Department of Health & Human Services

734-243-7200

903 S. Telegraph Rd., Suite A
 Monroe, MI 48161
www.michigan.gov/dhs

Family Medical Center Food Pantry

734-847-3802

8765 Lewis Ave., Temperance, MI 48182
www.familymedicalmi.org
Wednesdays 10am – 3pm

God Works!

734-850-6044

Meals served daily throughout the County. Locations can be found at www.gwsoupkitchen.com

The Lord's Harvest Pantry

734-224-TLHP or 734.241.2775

1140 South Telegraph Rd
 Monroe, MI 48161
Located inside Monroe County Opportunity Program (MCOP)
www.monroecountyop.org

Michigan State University Extension Nutrition Education

734-240-3170

963 S. Raisinville Rd.
 Monroe, MI. 48161
canr.msu.edu/Monroe

Monroe County Opportunity Program (MCOP)

734-241-2775

1140 S. Telegraph Rd.
 Monroe, MI. 48161
www.monroecountyop.org

Oaks of Righteousness

734-241-5590

1018 East Second St.,
 Monroe, MI 48161
Food boxes/food pantry

Salvation Army

734-241-0440

815 East First., Monroe, MI 48161

St. John Food Closet

222 Colonial Drive
 Monroe, MI 48162

(Inside CCSEM's St. Joseph Center of Hope)

Food distributed 3rd Saturday of every month from 10 am-Noon.

The Village Market

734-682-5431

1104 East Fourth Street
 Monroe, MI 48161
Non profit grocery store

Monroe Family YMCA

734-241-2606 x 231

*Year-Round Food Service Program
 All youth 18 and under are eligible for free meals. For times and locations, please call.*

Women, Infants, and Children (WIC) Nutrition Program

734-240-7800

2353 S. Custer Rd.
 Monroe, MI 48161
www.co.monroe.mi.us

Health Care/ Immunizations & Non-Emergency Services

Family Medical Center

734-847-3802

8765 Lewis Ave.

Temperance, MI 48182

www.familymedicalmi.org

Family Medical Center

734-654-2169

130 Medical Center Dr.

Carleton, MI 48117

Family Medical Center

734-240-4851

901 N. Macomb

Monroe, MI 48162

Sacred Oaks Health Center

734-682-3060

924 E. 2nd St.

Monroe, MI 48161

Family Medicine Residency Center

734-240-8430

650 Stewart Road

Monroe, MI 48162

Mini Mitten Pediatric Therapy

734-888-6464

14930 La Plaisance Rd. #118

Monroe, MI 48161

info@minimittenttherapy.com

Monroe County Health Department

734-240-7800

2353 S. Custer Rd.

Monroe, MI 48161



Household Furniture & Home Furnishings

Bed Ministry

734-242-1548

108 Washington St.

Monroe MI 48161

www.monroefirst.org/serve/bed-ministry/

Damascus House

734-242-8136

212 Smith St.

Monroe, MI. 48161

The Giving Tree

734-735-3659

St. Mary of the

Immaculate Church

127 N. Monroe St.

Monroe, MI 48162

Habitat Restore

734-243-1108

840 LaPlaisance Rd.

Monroe, MI 48161

Let's Build Beds

567-246-0616

www.letsbuild.org

New beds for children

In the Spirit of Giving

734-241-1644

610 West Elm Ave.

Monroe MI 48162

Rear of the IHM Motherhouse

(northwest corner)

Thrift Shop

734-242-1082

119 S. Monroe St.

Monroe, MI 48161

Oaks of Righteousness

734-241-5590

1018 East Second St.

Monroe, MI 48161

Housing

Domestic Violence Shelter

242-SAFE ; Main Office 241-0180

Fairview (Those with physical & mental disabilities)

Family Counseling & Shelter Service

734-241-0180

Suite 106, 14930 La Plaisance Rd.

Monroe, MI 48161

www.fcssmc.org

Habitat for Humanity

734-243-2048

14930 Laplaisance Rd., Ste 111

Monroe, MI 48161

www.habitatmonroemi.org

Monroe County Opportunity Program (MCOP)

734-241-2775

1140 S. Telegraph Rd., Monroe, MI. 48161

www.monroecountyop.org

Monroe Housing Commission

734-242-5880

20 N. Roessler St., Monroe, MI 48162

www.michiganhousinglocator.rentlinx.com

Oaks of Righteousness Warming Shelter

734-241-5590

1018 E 2nd St., Monroe, MI 48161

Paula's House

734-242-6650

www.paulashouse.org/

A positive homelike environment for women who are homeless and have substance abuse problems. The primary goal is for women to live in a safe environment and face their addictions while living a sober lifestyle.

Philadelphia House

734-242-4266

218 Washington St., Monroe, MI 48161

(Men only)

Salvation Army

734-241-0440

815 East First St., Monroe, MI 48161

Selah's House

734-244-5123

204 S. Macomb St. Unit 5

Monroe, MI 48161

(Pregnant/New moms only)



Literacy/Reading

ISD Literacy Coaches

PreK: 734-322-2728

K-12: 734-322-2718

Monroe County Library System

734-241-5770

ref@monroe.lib.mi.us

www.mymcls.com

Monroe County Library System Branch Locations

Bedford Branch

734-847-6747

8575 Jackman Rd.
Temperance, MI 48182-9493

Blue Bush Branch

734-242-4085

2210 Blue Bush Rd.
Monroe, MI 48162-9643

Carleton Branch

734-654-2180

1444 Kent St.
Carleton, MI 48117-0267

Dorsch Memorial Branch

734-241-7878

18 E. First St.
Monroe, MI 48161-2227

Dundee Branch

734-529-3310

144 E. Main St.
Dundee, MI 48131-1202

Ellis Library and Reference Center

734-241-5277

3700 S. Custer Rd.
Monroe, MI 48161-9716

Erie Branch

734-848-4420

2065 Erie Rd.
Erie, MI 48133-9757

Frenchtown-Dixie Branch

734-289-1035

2881 Nadeau Rd.
Monroe, MI 48162-9355

Ida Branch Library

734-269-2191

3016 Lewis Ave.
Ida, MI 48140-0056

Maybee Branch Library

734-587-3680

9060 Raisin St.
Maybee, MI 48159-0165

L.S. Navarre Branch Library

734-241-5577

1135 E. Second St.
Monroe, MI 48161-1920

Newport Branch Library

734-586-2117

8120 N. Dixie Hwy.
Newport, MI 48166-9703

Rasey Memorial

Branch Library

734-848-4572

4349 Oak St.
Luna Pier, MI 48157-0416

South Rockwood

Branch Library

734-379-3333

5676 Carleton Rockwood Rd.
South Rockwood, MI 48179-0047

Summerfield-Petersburg

Branch Library

734-279-1025

60 East Center St.
Petersburg, MI 49270-0567

Robert A. Vivian

Branch Library

734-241-1430

2664 Vivian Rd.
Monroe, MI 48162-9212

Mental Health

Chitter Chatter

734-682-5174

2086 S. Custer Rd.

Monroe, MI 48161

www.chitterchatterpc.com

info@chitterchatterpc.com

Suicide Prevention 24-Hour Line

800-273-8255 or Text: 741741

Catholic Charities

of Southeast Michigan (CCSEM)

734-240-3850, ext. 2002

721 Macomb St., Suite 100

Monroe, MI 48161

www.ccsem.org

Monroe Community

Mental Health Authority

734-243-7340

1001 S. Raisinville Rd./P.O. Box 726

Monroe, MI 48161

www.monroecmha.org

Family Counseling & Shelter Service

734-241-0180

14930 La Plaisance Rd., Suite 106

Monroe, MI 48161

www.fcssmc.org

Gabby's Grief Center

734-242-8773

2262 N. Monroe St.

Monroe, MI 48162

www.gabbysgriefcenter.org

PMRH Outpatient

Behavioral Health

734-240-1760

730 N. Macomb St., Suite 200

Monroe, MI 48162

Family Medical Center

School Support

To make an appointment, call

734-654-2169

Behavioral Health Services, Adult

Counseling, Child Adolescent

Counseling, Substance Use Disorder

Services, and School-Based

Christian Care Connection

734-854-7061

6530 Secor Rd. Suite 10

Lambertville, MI 48144

www.christiancareconnection.com

Dimensions of Wellness

313-920-8771

17461 Allen Rd.

Melvindale, MI 48122

info@dimensionsofwellness.org

www.dimensionsofwellness.org

A multi-disciplinary team of providers who offer a wide range of therapeutic services for children, adolescents, adults, and seniors. They also provide clinical and educational training services to help the community become more aware of mental and behavioral health needs.



Scan this code for more
agencies listed in the Monroe
County Mental Health
Resource Guide



Parent/Caregiver Support

Great Start Parent Coalition

734-342-8507

greatstart@monroeisd.us

 @GreatStart Monroe-Parents

greatstart@monroeisd.us

Michigan State University Extension

734-240-3170 ext. 963

or 517-552-6909

S. Raisinville Rd.

Monroe, MI 48161

www.canr.msu.edu/family/index

MCISD Early Childhood Programs

734-342-8780

1101 S. Raisinville Rd.

Monroe, MI 48161

Family Connect, Early On, Early Head Start

Selah's House

734-244-5123

204 S. Macomb St. Unit 5

Monroe, MI 48161

Pregnant/New moms only

Personal/Hygiene and Household Items

Monroe County

Opportunity Program (MCOP)

734-241-2775

1140 S. Telegraph Rd.

Monroe, MI. 48161

www.monroecountyop.org



Pregnancy

**Women, Infants, and Children (WIC)
Nutrition Program**
734-240-7800
2353 S. Custer Rd.
Monroe, MI 48161
www.co.monroe.mi.us

Heartbeat of Monroe
734-243-6550
123 W. First St.
(Gateway Office Building)
Monroe, MI 48161
www.heartbeatofmonroe.org

Selah's House
734-244-5123
204 S. Macomb St. Unit 5
Monroe, MI 48161
Pregnant/New moms only

Early Head Start
734-342-8780
1101 S. Raisinville Rd.
Monroe, MI 48161

Mercy House
734-240-2239
3877 Jackman Rd.
Ida, MI 48140
www.newbeginningsmh.net

**Catholic Charities
of Southeast Michigan (CCSEM)**
734-240-3850, ext. 2000
234 Colonial Court
Monroe, MI 48162
www.ccsem.org
Women's Specialty Services

Mama & Me MIHP
734-215-5543
www.mamamemihp.com/

Preschool

**MCISD Early Childhood
Programs**
734-342-8780
1101 S. Raisinville Rd.
Monroe, MI 48161
Early On, Early Head Start, Head Start,
Great Start Readiness Program,
Family Connect

Child Care Network
734-243-7451
9 Washington St.
Monroe, MI 48161
www.childcarenetwork.org
*For assistance locating childcare
or a preschool in your area.*
Scholarships Available

Shelters (See Housing)

Social Security Administration
877-274-5416
1300 S. Telegraph Rd.
Monroe, MI 48161

Substance Abuse Support/Counseling



[**<< Substance Use Disorder Resource Guide**](#)

Alcohol Abuse line (24 Hours)
800-234-0420

Catholic Charities of Southeast Michigan (CCSEM)
734-240-3850, ext. 2000
234 Colonial Court
Monroe, MI 48162
www.ccsem.org

St. Joseph Center of Hope (CCSEM)
734-357-8880
222 Colonial Ct.
Monroe, MI 48162
Open 24 hours. A safe and welcoming environment while being provided with assistance to enter a treatment program for individuals 18 years of age and older. No insurance or referral is needed.

Salvation Army Harbor Light
734-384-3402
3250 N. Monroe Street
Monroe MI 48161
Alcohol & Drug Treatment

Stop Smoking Assistance
734-240-5301

24-hour Quit Line
800-784-8669
Spanish 855-335-3569

Substance Abuse Coalition
734-242-1331
www.unitedwaymlc.org/monroe-county-substance-abuse-coalition

Transportation

Lake Erie Transit
734-242-6766
www.lakeerietransit.com

Monroe County Opportunity Program (MCOP) Van
734-241-2775 ext. 209
lengelhardt1140@gmail.com

Tutoring

Lightbulb Labs
734-755-5659
lightbulblablearningcenter@gmail.com

Monroe County Library System
Tutor.com
www.mymcls.com/research/online-resources/tutorcom/

Monroe County Opportunity Program (MCOP)
734-241-2775
1140 S. Telegraph Rd #4006
Monroe, MI 48161
www.monroecountyop.org

Utility Assistance

Monroe County Opportunity Program (MCOP)
734-241-2775
1140 S. Telegraph Rd.
Monroe, MI. 48161
www.monroecountyop.org

Salvation Army
734-241-0440
815 East First.
Monroe, MI 48161

DTE Payment Assistance Program
800-477-4747
www.dteenergy.com

Vision Services

Monroe County Health Department
Vision screening
734-240-7800
2353 S. Custer Rd.
Monroe, MI 48161

Monroe Exchange Club
734-242.2676
Provides eye glasses to Monroe County students whose parents do not have vision insurance or are unable to provide glasses due to financial circumstances.

Volunteer Opportunities

CASA (Court Appointed Special Advocates)
734-241-8182
9 Washington Street, Suite C
Monroe, MI 48161

MCOP/Lord's Harvest Pantry
734-241-2775
1140 S. Telegraph Rd., Monroe, MI. 48161
www.monroecountyop.org

Salvation Army
734-241-0440
815 E. First St.
Monroe, MI 48161

Oaks of Righteousness
734-241-5590
www.oaksvillage.net/volunteer

Monroe Family YMCA
734-241-2606
<https://www.monroefamilyymca.org>

God Works! Meals
734-241-8181
www.gwsoupkitchen.com/html/Volunteer.html

The Opportunity Center at ALCC
734-241-4313
www.monroecountyop.org/volunteer.html

Resources for opioid disorder & addiction visit www.knowmoremonroe.com



Babies sleep safest on their BACKS

Reduce the risk of Sudden Infant Death Syndrome (SIDS) & suffocation by practicing the following safety tips:

- Use a firm sleep surface such as a mattress in a safety-approved* crib covered by a fitted sheet
- Do not use pillows, blankets, sheepskins, or crib bumpers anywhere in your baby's sleep area.
- Keep soft objects, toys, and loose bedding out of your baby's sleep area..
- Do not smoke or let anyone smoke around your baby.
- Make sure nothing covers the baby's head.
- Always place your baby on his or her back to sleep for naps and at night.
- Dress your baby in light sleep clothing such as a one-piece sleeper and do not use a blanket.
- Baby should not sleep in an adult bed, on a couch, or on a chair alone with you or with anyone else.
- Room sharing with the infant on a separate sleep surface is recommended. Keep infants in close proximity to parents.
- The American Academy of Pediatrics recognizes breastfeeding as a major way to prevent SIDS.
Breastfeed your baby if possible.

If you're in need of a safe sleep space for your baby, email the Child Advocacy Network at cancouncilmonroe@gmail.com.

For more information on crib safety guidelines, call the Consumer Product Safety Commission at 1-800-638-2772 or www.cpsc.gov.

Family Resource & Connection Guide

**A Great Start for every child in Michigan:
Safe, healthy and eager to succeed in school and in life**

The purpose of Great Start is to assure a coordinated system of community resources and supports to assist all Michigan families in providing a great start for their children from birth through age eight.

The agency coordinating the Great Start Collaborative in Monroe County is the Monroe County Intermediate School District. Many different agencies, programs, and professionals make up this network in the County; however, under Great Start the agencies work in a collaborative manner to provide the family the services they need.

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1101 S. Raisinville Rd
Monroe, MI 48161



**The Great Start Collaborative
of Monroe County**
734-342-8515
email: greatstart@monroeisd.us
www.greatstartmonroe.org



**Child Advocacy Network
of Monroe County (CAN)**
Children's Trust Fund (CTF)

