# **HOPE & Brain Architecture Game Workshop available in Monroe County**



## HEALTHY OUTCOMES FROM POSITIVE EXPERIENCES

HOPE training brings to life new research from Dr. Sege and his partners at Tufts University about how positive childhood experiences drive healthy development and mitigate the effects of adverse childhood experiences (ACEs).

There are Four Building Blocks of HOPE that help children grow into healthy, resilient adults: Relationships; Safe, equitable, stable environments; Social and civic engagement; and Emotional growth.



#### THE BRAIN ARCHITECTURE GAME

The Brain Architecture Game is a tabletop game experience that builds understanding of the powerful role of experiences on early brain development—what promotes it, what derails it, with what consequences for society. This training introduces the basic early childhood science concepts behind the game and outlines the basic goal and rules of the game. The goal is to build a brain that is as tall as possible, which represents functionality, and sturdy, which represents the ability to withstand stresses.

June 20, 2022 | 8am - 4pm | @ Michigan Works 1531 N. Telegraph Rd., Suite D, Monroe, MI 48162 Registration required. CLICK HERE to register!

#### These trainings are facilitated by Amy Zarend

Director, Great Start Collaborative of Monroe County
Nationally Certified HOPE Facilitator
Certified ACEs Champion Trainer
Certified Strengthening Families Trainer

### **Contact Amy with questions**

amy.zarend@monroeisd.us 734-342-8515





The Monroe County Intermediate School District does not discriminate on the basis of religion, race, color, national origin, sex, disability, age, height, weight, marital status or familial status in its programs, activities or in employment. The following person has been designated to handle inquiries regarding the non-discrimination policies: Eric Feldman, Assistant Superintendent for Human Resources and Legal Services, 1101 S. Raisinville Road, Monroe Michigan 48161; Telephone: 734.322.2640.