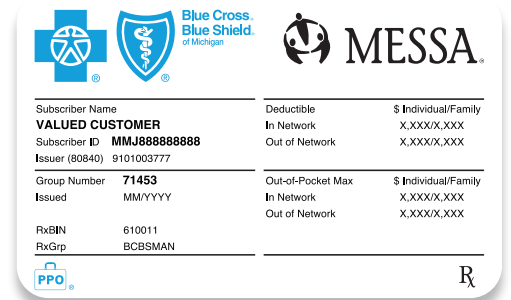




# Quick Tips for MESSA ABC Members

## MESSA ABC Plan 1

- With MESSA ABC, you have to meet your deductible before MESSA begins to pay your claims.
- Annual checkups, cancer screenings, immunizations and certain preventive prescriptions are covered at no cost to you when you go to in-network providers.
- The full cost of prescriptions is subject to your deductible. After your deductible is met, you pay only prescription copayments or coinsurance.
- If you are enrolled in a plan with coinsurance, you may have to pay a percentage of medical claims after your deductible is met.
- Out-of-network costs do not count toward your in-network deductible.
- It's important to stay in-network. The **2022 in-network deductible** is \$1,400 for single coverage and \$2,800 for 2-person and family coverage while the out-of-network deductible is twice as much. In **2023, the in-network deductible** is \$1,500 for single coverage and \$3,000 for 2-person and family coverage while the out-of-network deductible is twice as much. Also, you will have lower coinsurance by staying in-network.
- Your deductible resets every Jan. 1.
- Routine vision and dental costs do not count toward your medical deductible.



**Always give pharmacies and medical providers your MESSA card before paying any bill. It will save you money.**

At the provider

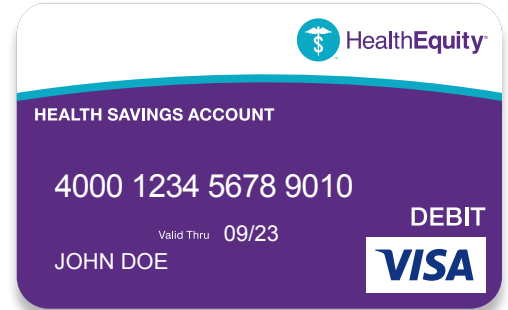
Present your MESSA card and ask them to bill MESSA



## HealthEquity HSA\*

### Use your HealthEquity Visa HSA card to pay out-of-pocket medical and prescription expenses.

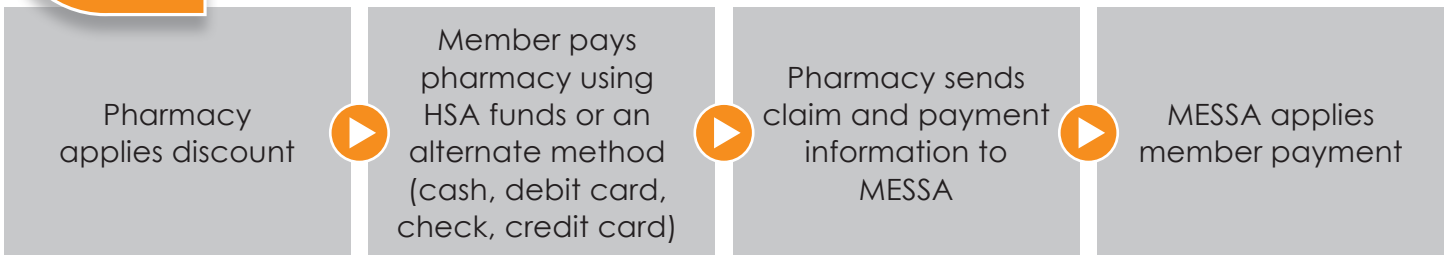
- Your health savings account (HSA) is a bank account that is yours forever. This account is separate from your insurance.
- MESSA sends your medical, prescription, dental and vision claims payment information to your HealthEquity HSA electronically for your convenience.
- You can use the funds in your HSA to pay for IRS-qualified medical expenses, including your insurance plan deductible, prescriptions, copayments, coinsurance, and dental and vision charges. Copayments, coinsurance, dental and vision expenses do not count toward your deductible.
- Try to avoid paying your doctor at the time of service. It's better to wait until the bill shows up in your online HealthEquity account, once discounts are applied. However, pharmacies generally require payment at the time of service, so that's a good time to use your HealthEquity Visa debit card.
- Put money in your HSA. Employee and employer contributions to your HSA are tax-free, as long as you use your HSA to pay for IRS-qualified medical expenses.



*\*When applicable*

At the  
pharmacy

### Present your MESSA card



**? Call MESSA's Member Service Center at 800-336-0013 or HealthEquity at 877-218-3432.**

